



## Building with Humanity

SDIA Annual Report 2019



Susila  
Dharma  
International  
building with humanity



*Thanks to you - our donors and members - SDIA is being increasingly recognised as a unique contributor to just and sustainable development. In 2019, we were ranked as one of the top 500 non-governmental organizations (NGOs) in the world, coming in at #261 in Geneva-based NGO Advisor's independent ranking, up from #282 in 2018. It is our aim to improve this ranking every year, to progress in terms of the effectiveness, innovativeness and humanity of our work.*

**Cover image:**

Green revolution: Anisha's kitchen garden project teaches children and families to grow organic vegetables at home (see p.12) Photo: Aminah Herrman

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Susila  
Dharma  
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# Who We Are

Susila Dharma International Association (SDIA) is an association promoting just and sustainable development. With activities in 26 countries, SDIA has 21 voting and 29 associate members. We form a global community committed to 'building with humanity'.

SDIA was founded in 1968 and is an affiliate organization of the World Subud Association (WSA) with a mandate to implement the charitable aims of Subud. 'Susila Dharma' (SD) can be translated as 'guided from within to take action in the world'.

SDIA is a US-registered non-profit organization (US Charitable tax No. 98-0156249)

and holds special consultative status with the United Nations Economic and Social Council (ECOSOC), UNICEF and the Department of Public Information (DPI). SDIA is governed by an international board and by the decisions of voting members at the Annual General Meeting.

This Annual Report covers the activities of SDIA and its services to members for the year 2019. It does not cover the activities and achievements of all 50 members. You can get more information about SDIA and its members at [www.susiladharm.org](http://www.susiladharm.org)

## The location of SDIA Members around the world



# What We Do – Building Sustainable Futures



SDIA equips our network of 50 social change organizations with critical resources to nourish, strengthen and protect local communities. SDIA connects local SD teams with resources, training, expertise, project management and financing.

Through connections, collaboration, and knowledge sharing, each member organization of SDIA can build capacity in key areas identified for sustainable futures: **education, health, livelihoods, and environment.**

SDIA works globally for just and sustainable development through:

- **Empowering individuals and communities** to engage in positive human, social and economic change; and
- **Creating partnerships** to achieve grass-roots, participatory initiatives.

In 2019, SDIA spent \$89,757 to deliver services and technical support to its members and distributed \$117,511 in grants to projects.

SD Nationals also provide grants directly to projects and most of these do not go through SDIA.

In order to provide a source of stable funding, SDIA maintains an Endowment Fund, valued at \$1,077,210 at the end of 2019. Our Endowment Fund allows SDIA to deliver its programmes and services, provides grants to its members and affiliates, and contributes to the sound administration and good governance of SDIA.

A bequest of \$59,000 USD left by our dear friend Lavinia Sinclair of Australia was placed by our Board in the Endowment Fund to help ensure that Lavinia's vision of social and environmental justice can be realised by SD in perpetuity.

Many thanks Lavinia and to all those whose gifts have helped grow our [Endowment Fund](#) to sustain the work of SDIA and its members – today and in the future!

**Together we are generating scalable, global change!**



# Message from the Chairman

## Welcome to the Annual Report of the Susila Dharma International Association for 2019!

Dear Friends and Supporters,

I am now about half way through my term as Chair of the Susila Dharma International Association and am just now feeling comfortable in my role. For such a small organization Susila Dharma International is very complex and rich. This comes from our donors, our projects, our network and our people who serve the thousands of people whose lives are touched each year by the generosity and hard work of Susila Dharma.

I would like to thank all of our SD National organizations, our Projects, our Funders, our Board members and our Staff. Through their combined efforts, we are doing amazing things all over the world.

Here are some of the highlights of our accomplishments in the past year:

- In Indonesia, where stunting and malnutrition among young children are high, SDIA supported Yayasan Usaha Mulia's project aiming to address this issue.
- In the Democratic Republic of the Congo, where many girls marry young and have to drop out of school, we are building the first of five Community Learning Centres to serve women and girls who are hungry to learn.

- In South Africa, I Protect Me is a step closer to sustainability having forged an agreement for funding from the South African Department of Social Development for its self-protection and resilience training in schools.
- In India, Anisha's kitchen garden project is in its fourth year, enhancing food security by teaching young people about organic gardening.
- Results are in for the Wawa Illari project that aimed to improve early child development in an underprivileged area in Peru. The results are significant, leading the team to look at scaling up the methodology elsewhere

These are only a small number of the Susila Dharma activities going on in the world. Please read on to get a fuller understanding of what is happening in the Susila Dharma world.

*Evan Padilla*, SDIA Chair

Photo: Kohar Ivan Parra

# Our Impact in 2019



## Health and Wellbeing

### Growing a Network of Health Services

In 2019, SDIA continued to support SD Congo in its management and development of a network of Health Mutual Associations, hospital and healthcare centers serving five communities in Kinshasa and Central Kongo Provinces. After opening to the public in 2017, the Mother-Child Hospital Center of Kwilu Ngongo brought improved maternal and neo-natal care to the Health Zone. By the end of the year, 3,800 were registered in the new Health Mutual Association, surpassing planned membership rates.

In 2019, SDIA, along with members SD Congo, SD Germany and SD Canada and financial

Physical and mental health are fundamental to achieving our human potential. For many around the world, the lack of access to vital health services, combined with factors such as malnutrition, unsafe water, poor hygiene practices, overcrowding and inadequate sanitation lead to high rates of preventable and treatable illness, infections and mortality.

Children under five years old are particularly vulnerable to pneumonia and other infections, neonatal disorders and undernourishment linked to poverty.

Lack of access to health services and technologies is compounded by a lack of information. Maternal education is an important factor in improving children's health and well-being: an educated mother is more likely to know, for example, the benefits of exclusive breastfeeding, how to treat malnutrition and diarrhoea and the importance of family planning.

**Here we share some of the projects made possible with your donations...**



*Photo: Kwilu Ngongo Hospital, by Paul Roberge*

**Showing Results – From the Independent Evaluation of the Kwilu Ngongo Mother-Child Hospital Centre:**

*“Among the major challenges of this area are the relatively high maternal mortality ... , other public health problems such as tuberculosis and diabetes which are poorly reported, as well as the low availability of funds to address public health challenges*

*“The project has helped to **significantly improve the financial accessibility of the population to quality health care...**”*

support from the Buchan International Fund and the German Government (BMZ), was able to launch a new project to extend services of the Mother-Child Hospital Centre to include a new pediatric wing, medical imaging, a surgery and morgue. These services will dramatically improve the quality of healthcare for the 52,000 inhabitants of Kwilu Ngongo and patients coming from as far afield as the Angolan border.

Thanks to our NGO partners in Canada, SDIA was able to ship a vehicle and good quality hospital beds and donated medical equipment to support this and other health centres in the DRC.



*Young mothers at Kwilu Ngongo, DRC  
Photo: Ema Gonzalez Thomas*

**SD Congo now has a formal customs exoneration – this will allow it to receive larger donations of medical and educational equipment from around the world.**

**Giving the best early childhood care**

The first 1000 days of life are critical for healthy brain development that allows children to reach their full intellectual and physical potential. In 2019, SDIA, SD Canada and ICDP Peru wrapped up the Wawa Illari Project in Pachacamac, Peru with an innovation grant from the Canadian Government and support from SD Britain and SD USA.

**Showing Results:** The project demonstrated the power of combining the methodologies of three SD member projects for health and brain development in the first 1000 days of life: A Child’s Garden of Peace on community and household gardens, Asociación Vivir on conscious nutrition, and International Child Development Programme (ICDP) on building healthy parent-child relationships.

Detailed analysis of 113 children from our intervention communities (IC) and 127 from our control communities (CC) showed that IC children started with higher food insecurity, lower diet diversity score, and higher frequency of infections compared with CC children. Despite those disparities, we found that IC children benefited from improvement in food security due to their access to home gardens; they also benefited from a decreased likelihood of diarrhoea / respiratory infections. The combined intervention was associated with improved language development, which is an important indicator of improved cognitive development. We concluded that the combined intervention helped to mitigate food insecurity and infections, and contributed to improved language and brain development. And this all within the space of 18 months!

Based on these positive findings, the Wawa Illari team is actively seeking opportunities to scale up the methodology in other low-income country contexts.

## Addressing Stunting and Malnutrition

In 2019, SDIA-SD Spain supported Yayasan Usaha Mulia (YUM)'s project addressing widespread stunting and malnutrition in Cipanas, Indonesia. In Cianjur district, the incidence of stunted growth is at 35%, 15% higher than the World Health Organisation (WHO) standard, according to the Indonesian Ministry of Health. The real percentage is estimated to be much higher, since not all parents bring children for regular medical check-ups at the Local Community Health Centres (Pusat Kesehatan Masyarakat – Puskesmas) where their growth and development would be checked. Funds provided allowed YUM to assist six Local Health Posts (Posyandu), each with at least one midwife and two YUM staff members.

YUM's Posyandus are attended by poor families who cannot easily access health facilities: babies and toddlers (0 – 5 years old) and pregnant women. Out of 435 children seen in a month, 153 of the children were stunted. YUM helps facilitate vaccinations and other treatments, such as vitamins and deworming treatment. Once a month, beneficiaries come to the Posyandu to have their children

weighed and measured to determine their growth. Project teams provide health and nutrition information and nutritional supplements when necessary.

## Improving Care for the Elderly

Just as with the young, the elderly also have special nutritional needs. In 2019 SDIA and the SD Network supported the eldercare centre Mis Corazones Alegres in Medellin, Colombia to improve health and nutritional standards for the elderly in its care.

## Enhancing health practice using medicinal plants in the DRC

In collaboration with ANAMED and SD Germany, SDIA was able to support the training of health practitioners from our SD health centres in the DRC in the cultivation and use of *Artemisia Annu*. Trainees were provided with artemisia seeds, plants and materials required to use the leaves for medicinal purposes. As a result of the training, SD health centres are currently able to produce medicinal products to help prevent malaria and treat a range of other common health problems.



Yayasan Usaha Mulia

## Child Development, Protection and Education

Supporting child development in the early years of life and providing access to education and training for children and youth has a lasting positive impact for developing human potential and eliminating extreme poverty. Early childhood experiences, positive or negative, have a profound impact on brain development—affecting the ability to learn, health status, behaviour and ultimately, the ability to gain a livelihood.

**Here are some examples of how donor funds were used to support child development, protection and education in 2019, and the positive results of your investment:**

### Young people protect themselves from abuse

South Africa has one of the highest rates of sexual violence and assault in the world. In 2019, SDIA supported its national members and I Protect Me (IPM) to raise the funds to empower women and children to protect themselves against sexual violence and abuse. IPM challenges prevailing attitudes towards Gender-Based Violence and trains school children

## 4 QUALITY EDUCATION



and other vulnerable groups in self-defence and to resist abuse by standing up for themselves through setting their own boundaries and respecting the boundaries of others. It collects and records stories of abuse from children themselves, and in this way, it is also a strong advocate for cultural change within public institutions and media in South Africa.

**Showing Results:** With SDIA support, IPM has been working to ensure its long-term sustainability and impact. IPM has already reached



*I Protect Me challenges attitudes around gender and sexual violence*

IPM's school-based and outreach work consistently show results through the many stories of children who have applied the skills they have learned when they find themselves in an abusive context.

In the words of one 13-year-old girl: *"He went for my pants and wanted to corner me in our yard. I remembered what I learned from I Protect Me: TO USE MY VOICE. I screamed and my neighbours came to my rescue"*

over 8500 children and 2000 adults through its [programmes in schools](#). It has strengthened its network within local government and is soon to receive funding from the South African Department of Social Development to complement the after-school program.

### Supporting students to realise their potential

Thanks to fundraising efforts by Hanafi and Levana Fraval, SDIA administers the Bright Futures Scholarship Fund. This year a scholarship was provided to help Mardhiyana Hanifah (Nana) attend Bina Cita Utama school in Central Kalimantan.

**Showing Results:** BCU's Sati Soesetyo at BCU: "Nana is now in Grade 8. When Nana was small, she was very shy, but had lots of enthusiasm to go to school. She chose to study in BCU School, although her parents took her to visit other schools. Thankfully, by studying in BCU, Nana has become more active, her confidence and independence have grown. Her primary school National Exam results were the highest achieved in BCU until then. Nana's current grade 8 are very high.

She is also active in Students' Union. In the school extra-curricular studies, apart from Dayak Dance activities, she has also begun singing and has a number of times performed in front of the school. She was one of 8 students who were chosen to go on a camping trip for students from BCU and a school in Singapore." Nana and her parents are very

thankful for the scholarship from the donors that allows her to study in BCU School. Help us support Nana and other bright students to realise their potential by donating to the Bright Futures Scholarship programme today!

*Photo: Nana (right) with friends at BCU*



### Building Community Learning Centres

Our experience in the SD Health centres in the DR Congo shows a very high rate of early marriage – girls marrying at puberty often find themselves pregnant with their first child by the age of 14 or 15 years. Only 25.6% of girls in Central Kongo province have had access to high school education. Adolescents and women who have been forced to drop out of school, either to have children or to earn a living, are hungry for learning. In 2019, SDIA, SD Congo and SD Network – with the support of the Blond Trust and Buchan International Fund – continued to work towards the construction of a first Community Learning Centre (CLC) in the DR Congo. The CLC is designed to teach basic literacy and numeracy as well as business-related skills to adult learners (mainly women). They are also designed as an alternative for youth who do not have resources to complete secondary education to acquire work-related skills.

## Sustainable Livelihoods and Environment

SDIA supports projects that help communities protect their natural environment and develop sustainable livelihoods that do not lead to environmental degradation. Around the world, and particularly in the most sensitive ecosystems, communities are requesting support to develop livelihoods that do not involve damaging the precious environment upon which all life on this planet depends and that enhance the resilience of communities and ecosystems.

### Improving Food Security through Kitchen Gardens

In 2019, SDIA supported Anisha's Kitchen Garden Project's fourth year of operation, providing both funds and technical support. In a drought-prone impoverished area of Southern India located 180 km south of the city of Bangalore, the project teaches 1400 middle school students to plant, grow, and harvest both vegetables and organic seeds from their own kitchen gardens, replanting their gardens using the seeds that they have saved from the previous year.

The intention of the project is to multiply its impact as new and continuing students rotate from 7th through 10th grades of its 23 targeted schools. Participating students continue to plant kitchen gardens at their homes



while receiving continued post-program monitoring and consultation throughout the duration of the project. These students will certainly carry this valuable training with them and continue to reap the benefits of growing their own kitchen gardens for years to come.

**Showing Results:** A very positive result of the kitchen garden project is the improved food security enjoyed by families that have participated in the programme. During the COVID-19 pandemic, families whose children participated in the organic kitchen garden training at school reported higher levels of food security compared with other families in the area.



*Participants of the school kitchen garden project with Anisha's Rajan*



## SDIA Communications, Publications and Outreach

SDIA holds consultative status with the UN through ECOSOC (the United Nations Economic and Social Council), UNICEF and DPI (Department of Information). This provides SDIA and its member projects with a platform for sharing our good practices and learning with governments and NGOs from around the world. SDIA shares publications and opportunities from different United Nations agencies and other organizations with its members.

In 2019 for a second time, SDIA partnered with the British Columbia Council for International Cooperation (BCCIC) to help provide a United Nations experience for British Columbia youth. This allowed them to attend the UN High-level Political Forum in New York as part of bigger exploration of how to be effective agents of change. This was a significant opportunity for youth to learn how the United Nations can be a platform for young people to think about themselves as change agents.

### Human Force Camp at Atalanta

In July this year, Human Force held its 8th camp – or ‘global learning adventure’ in collaboration with Atalanta, a Subud-run association in the San Luis Valley, Colorado. As usual, there was a full programme of work, fun and learning – sometimes all mixed together.

This year, the ‘global awareness’ focus was on sustainability, indigenous rights and poverty, and volunteers had a hands-on learning experience in Atalanta’s organic community garden. They were also trained to stucco by a local professional and putting their learning into practice by stucco-ing an outhouse that will be used to store produce from the kitchen garden.

Feedback was positive from participants and the project host coordinators alike and Human Force will be heading back to Atalanta as soon as travel and gathering become possible. Meanwhile Atalanta became a member of SDIA early in 2020.



SDIA gathers stories and information about our members to engage others in our activities – volunteers, donors, partners and the general public. In 2019 the SDIA office published four eNewsletters in three languages with stories from the network organized along specific themes, as well as three fundraising appeals.

On-going communications included updating the website [www.susiladharm.org](http://www.susiladharm.org) and maintaining and expanding our online presence via [Facebook](#), [Instagram](#) and [Twitter](#). We also produced two issues of our internal news bulletin through which projects and SD Nationals share announcements and stories with other members.

## SDIA Board, Management and Administration

SDIA is run by an international Board of Directors, which meets annually to set policy and review progress towards the goals of the Association. In 2019, the SDIA Board met in Salobreña, Spain to review and develop our fundraising and outreach strategy, alongside the Annual Members Meeting.

In addition, SDIA Board members are active in representing SDIA within their own regions as well as carrying out project visits. Among other things, SDIA Chairperson Evan Padilla and Treasurer Viktor Boehm were able to visit seven SDIA member projects in Indonesia, traveling to Jakarta and Central Kalimantan. SDIA Director Aminah Ulmer Herrman was also able to visit Anisha Foundation in Karnataka, India and bring fresh information and analysis to SD Network members. SDIA Treasurer Viktor Boehm, Virginia Thomas and Paul Roberge continued to provide technical support to SD projects in the DR Congo.

## SDIA Strengthens the Network – Members Meeting

SD projects are doing amazing work, and SDIA has a role in highlighting this work and

providing opportunities for SDIA members to share their experiences and learn from each other. In 2019, SDIA partnered with SD Spain to organise its Members Networking Conference and AGM in Salobreña, Spain which took place alongside other Wing meetings, including that of SICA, SIHA, and the Zone 3 Gathering.

The Salobreña meeting was an opportunity to discuss critical issues facing our network, including collaborations on supporting specific projects, volunteering, fundraising, grant writing and youth engagement as well as an opportunity to appoint new Directors. Four new Directors were elected to the SDIA Board: Ethan Sofan Harris (Argentina), Aminah Herrman (USA), Vincent Mount (UK) and Hilmann Kaeser (Germany and Colombia).

## Making Connections!

SDIA brings all kinds of people together, who find all kinds of ways to support SD projects. There are so many ways that you can get involved. You can donate or you can volunteer, but that's not all. Here is an example of how two individuals made a valuable contribution!

### The Miracle Car

In 2019, SDIA was able to ship the dream car – sourced by volunteers Paul Roberge and Hanavi Hirsch at the end of the previous year and purchased by SDIA at an affordable \$10,000 USD – to the DR Congo. Since then it has provided needed transport to SD Congo, Subud DRC, visitors and International Helpers. Many thanks Paul and Hanavi!



## Ensure the future of SD Work in the World – Support the SDIA Endowment Fund

SDIA projects work to solve real-world problems and bring innovative solutions, inspired from within. As humanity evolves, our problems change, but unfortunately never really go away. It is impossible today to fully predict what tomorrow's problems will look like, but we hope to be there to bring our skills, empathy and guidance to those most affected. Who would have predicted the current COVID-19 Pandemic? And yet with your support and our international network, we are bringing help to many of those most vulnerable to its effects. What is the legacy you would like to leave? What can you do today to help address tomorrow's problems? Contact the SDIA office at [virginia@susiladharm.org](mailto:virginia@susiladharm.org) to explore how you can leave a lasting legacy to support the future of SD work in the world.



Hazel Lavinia Sinclair, who passed away aged 97 in December 2016 after a full and interesting life, left a generous bequest to SDIA of just over \$59,000 USD.

Lavinia (*pictured here in 2008*) was born in Britain at the end of the First World War, emigrating to Australia in the early 1960s. In 1962, Lavinia took on the role of Divisional Dietician in the Northern Territory, visiting remote communities by four-wheel drive with the remit of improving nutritional standards for the Aboriginal population as government handouts were having harmful effects on their health and lifespan.

In the mid-1970s, Lavinia retired to Perth for health reasons and continued to pursue her interests in silver-smithing, gardening and ecology. 1979 she helped found 'Men of the Trees' in Perth, and the Association has since planted over 13 million seedlings

to help stem erosion and salinity. She also helped establish Auria, a Forestry Research Station north of Dowerin, Western Australia.

Into her late 80s, she maintained her independent and self-sufficient lifestyle along with her trusty campervan. Lavinia continued her interests past her 90th birthday – ecology, friends, baking and giving away her signature cumquat marmalade! After her death, Lavinia's ashes were scattered among the trees at Auria by some of her friends.

Lavinia's generous bequest will go into SDIA's endowment fund to the Susila Dharma network as a whole to help ensure that Lavinia's vision of social and environmental justice can be realised by SD in perpetuity.

Many thanks to Lavinia and her estate, and to all those whose gifts have helped grow our Endowment Fund to sustain the work of SDIA and its members

*Biographical information about Lavinia and photo are courtesy of Lawrence Smith.*

# Thanks to Your Generosity ...

## SDIA helped in Humanitarian Disasters around the World

### 2019 Kalimantan Haze Appeal

After 4 years of relatively few incidences of forest fires and haze, the particularly long dry season resulted in dangerous levels of air quality from August to October. The combined staff of Borneo Football International Foundation and YUM mobilised their efforts as soon as the air quality level reached dangerous levels. Masks were the first priority to be distributed as well as vitamins to keep the immune system strong. During the period of the worst air quality, over 10 days, BFIF and YUM were able to distribute relief supplies to close to 2,000 people and distributed a total of 5,000 masks and 2,000 vitamin packs to adults and children.

### Venezuela Food Connection

in 2019, SDIA's Emergency Fund allowed us to provide Venezuela Food Connection with a matching grant, allowing it to raise more funds to support community members in desperate need of food and supplies due to food shortages experienced in urban centres in Venezuela.

**Rapid response in emergency situations can save lives.**

**Your support to SDIA's emergency fund allows SDIA to provide humanitarian assistance and response at very short notice.**

**Thank you!**

*Photo: Muhammad Bachrun Bustillo*



# SDIA Membership 2019

**SDIA achieves its goals by serving and supporting its members.**

In 2019 SDIA welcomed one new associate member: Enthum Foundation (UK).

In 2019 SDIA had **21 voting members** — Susila Dharma National organizations in Australia, Britain, Canada, Colombia, Cuba, D.R. Congo, Ecuador, France, Germany, Indonesia, Israel, Japan, Mexico, Netherlands, New Zealand, Norway, Portugal, Spain, Sweden, USA and Vietnam.

In 2019 SDIA had **29 Associate Member projects** and **three SD Nationals implementing projects** in the following areas:

## Environment

**Africa:** CEDERI-Madimba (D.R. Congo).

**Americas:** A Child's Garden of Peace (USA), Fundación Amanecer, Fundación Trópico and Tejiendo Logros Program Foundation (Colombia), Usaha Mulia Abadi (Mexico).

**Asia Pacific:** Anisha Foundation (India), Morningside CARE (Australia), Yayasan Permakultur Kalimantan, Yayasan Tambuhak Sinta and Yayasan Usaha Mulia (Indonesia).

## Sustainable Livelihoods

**Africa:** CEDERI-Madimba (D.R. Congo).

**Americas:** CORMUDEPAZ and Fundación Trópico (Colombia).

**Asia Pacific:** Anisha Foundation (India), Yayasan Permakultur Kalimantan, Yayasan Tambuhak Sinta and Yayasan Usaha Mulia (Indonesia).

## Children, Youth and Education

**Africa:** Groupe Scolaire SD de Lemba Imbu and Complexe Scolaire SD d'Inkisi (D.R. Congo), I Protect Me (South Africa).

**Americas:** A Child's Garden of Peace (USA), CORMUDEPAZ, Fundación Amanecer and ICDP Colombia (Colombia), Fundación Vida Plena (Paraguay).

**Asia Pacific:** Anisha Foundation (India), Borneo Football International Academy, Bina Cita Utama School, Yayasan Usaha Mulia and Yayasan Tambuhak Sinta (Indonesia).

**Europe:** Enthum Foundation (UK), ICDP International Foundation (Norway—with activities in 43 countries), Puppeteers Without Borders (France), SD Portugal: Roda Viva (Portugal).

## Health and Well-Being

**Africa:** CEDERI-Madimba, Polyclinique Nandora-Vunguta, Yenge Health Centre and SD Congo: Kingantoko, Kwilu Ngongo, Ndjili Kilambu, and Nkandu III community health centres (D.R. Congo), I Protect Me (South Africa).

**Americas:** Asociación Vivir (Ecuador), Mis Corazones Alegres (Colombia), Quest Center for Integrative Health (USA), Tierraviva (Uruguay), Usaha Mulia Abadi (Mexico).

**Asia Pacific:** Yayasan Permakultur Kalimantan, Yayasan Tambuhak Sinta and Yayasan Usaha Mulia (Indonesia), Morningside CARE (Australia).

**Europe:** Enthum Foundation (UK), Fountain Housing Association/Wisma Mulia and Living Well, Dying Well (UK).



Photo: Roda Viva, Portugal



Photo: Papy Kabondo, DRC

# Thank You!

On behalf of the SDIA and its members, thanks to all those who give their time, energy and resources to make the work of SDIA, SD nationals and SD Projects possible. Thanks equally to SD national teams and the dozens of volunteers who give their time to make this international network a living, growing reality. Thank you especially to the project leaders and their local teams who work tirelessly under the most challenging conditions, to improve health, living, learning and working conditions for communities all over the world.

And of course thanks to you, our supporters who make Susila Dharma your 'charity of choice'!

## GENERAL DONATION

### Organisations

Amazon Smile  
Asociación Vivir  
Frontstream  
Global Impact  
The Green Oak Carpentry Company  
Just Giving  
Mukhtar Consulting  
Paypal Giving Fund  
SD Australia  
SD Britain  
SD Canada  
SD Ecuador  
SD France  
SD Germany  
SD Japan  
SD Netherlands  
SD New Zealand  
SD Norway  
SD Spain  
SD Sweden  
SD USA

SD Vietnam  
Subud Australia  
TUM Foundation

### Individuals under \$500

Faizel Achmat  
Mary Adshead  
Ivan (Dimitri) Akhba  
Stephanie Alborno  
Ruth Armes  
Petrus Brenters  
Rupert Cuningham  
Sofia Davey  
Aswin Devendran  
Valautham  
Honora Drew  
Samuel DuBois  
Lauren DuMond  
Maria Gibbs  
Rohanna Goodwin  
Smith  
Rosalie Graham  
Gregory Gudgeon  
Dogan Gurpinar

Hadley Reyna  
Sofan Harris  
Sulfiati Harris  
Almira Indrani  
Ruslan Jelman  
Lorena Kreda  
Carolye Kuchta  
Astrid Leal Rojas  
Solen Lees  
Conrad Leuthold  
Hanafi Libman  
Edward Mackenzie  
David McCormack  
Arja Melajärvi  
Robert Mertens  
Orianna Milne  
Paul Murphy  
Nhu Tuyen Nguyen  
Michelle O'Leary  
Evan Padilla  
Sebastian Paemen  
Dinah Premberton  
John Pyl  
Robert Rayment

Suzanne Renna  
Ernesto Roldan  
Rafael Apaev  
Brian Abram  
Faizel Achmat  
Livingston & Miyako  
Armytage  
Mae Doran  
Michael Nankivell  
Harris Luqman  
Nazimuddin  
Aida Roldan  
Dahlan Simpson  
Virginia Thomas  
Latif Vogel

### Individuals \$500-\$999

Faisal Grant  
Bardolf Paul  
Lydia Sturton  
Heather Cooter  
Matthew Pienaar  
Gregory Tarsy



Photo: Azelia Regev, SD Israel



Photo: YUM, Indonesia

### Individuals \$1000 +

Charitable gift (Farrand Family)  
Ihsan Naushad  
Melisa Thomas  
Charitable gift (Farrand Family)

### BEQUEST

Lewis Arquette Distribution  
Hazel (Lavina) Sinclair

### SDIA-MANAGED FUNDS

#### Emergency Fund

Faizel Achmat  
Yuri Bey  
David (Andrew) Clague  
Halima Collingwood  
Simon Curran  
Elaina Dodson  
Rosalie Graham  
Sophie Handoyo  
Kimiko Hayashi  
Ernest Horsman  
Irfaan Jaffer  
Carolye Kuchta  
Kuranda Fish Farm Schionning  
Sheila Lisster  
David McCormack  
Paul Murphy  
Evan Padilla  
Olga Ramirez  
David Rose

Laurence Rose  
SD Australia  
SD Germany  
SD France  
SD Japan  
SD Spain  
SD USA  
Subud USA  
Virginia Thomas  
Murdi Van Hien  
Mustafa Van Hien  
Reynold Weissinger

### Child Development / Education

Rocio Caceres  
Ruslan Jelman  
Vivian McElroy  
Mahrus Nurani Vogel

### Sustainable Livelihoods

Rafael Apaev

### DESIGNATED DONATIONS

#### Organisations

Blond Trust  
SD Britain  
SD Canada  
SD France  
SD Germany  
SD Netherlands  
SD USA

Subud Alpujarra  
World Subud Association

### Individuals

Faizel Achmat  
Ana Maria Alvarez  
Hermione Bromley  
Laura Doyle  
Dahlan Foah  
Rasjidah Franklin  
Halimah Hachisu  
Stephen Hill  
Harlinah Katz  
Rosanne Le Roy  
Robert Mertens  
Michele OLeary  
Frederik Siegmund

### VOLUNTEERS

#### Translators

Gregorio Cardenas  
Arnaud Delune  
Lahana Doucet  
Martín Fisco  
Ophelia Larrazabal  
Ricardo Nudman  
Katherine Poole

### SDIA Board of Directors

Evan Padilla (Chairman – USA)  
Nahum Harlap (WSA chair – Australia)  
Stephanie Holloway (Vice-Chair UK)  
Viktor Boehm (Treasurer - Germany)  
Bardolf Paul (Indonesia)  
Aminah Herrman (USA – incoming)  
Hilman Kaeser (Germany – incoming)  
Vincent Mount (UK – incoming)  
Osanna Peters (UK – outgoing)  
Gopinath Parakuni (India – outgoing)

### SDIA Staff

Virginia Hamida Thomas – Executive Director  
Isabel Ana Maria Alvarez – Finance Manager  
Solen Jenny Lees – Communications & Networking  
Sofan Ethan Harris - Webmaster  
Ophelia Larrazabal - Office Support  
Farid Louali - Office Support  
Aziz Valencia - Office Support

### SDIA Marketing Advisors

Jen Buchan  
John Matyskiel

# Financial Report

(In US Dollars)

**UNAUDITED**

## Statement of Financial Position

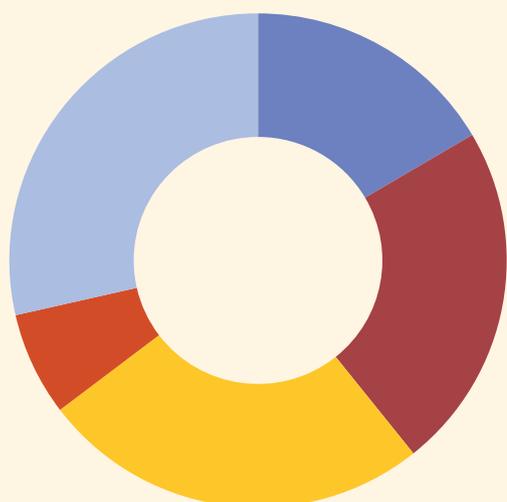
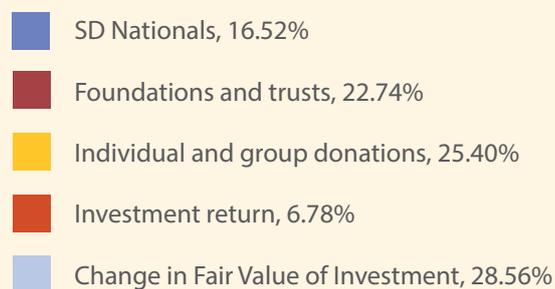
December 31, 2019

ASSETS	Unrestricted operations and services	Restricted services and projects	Restricted endowments	2019
Cash and term deposits	41,767	487,075	40,013	571,194
Unconditional Promises to Give	-	-	-	-
Advance for Activities	-	3,000	-	3,000
Marketable securities	-	-	855,127	855,127
				-
<b>TOTAL ASSETS</b>	<b>41,767</b>	<b>490,075</b>	<b>895,140</b>	<b>1,429,321</b>
<b>LIABILITIES</b>				
Accounts Payable	3,288	-	-	6,441
Deferred Revenue	-	-	-	2,769
<b>TOTAL LIABILITIES</b>	<b>3,288</b>	<b>-</b>	<b>-</b>	<b>9,210</b>
<b>NET ASSETS</b>				
Unrestricted	38,479	-	-	34,895
Temporarily Restricted	-	490,075		490,075
Temporarily Restricted Endowments			877,640	877,640
Permanently Restricted Endowments	-	-	17,500	17,500
<b>TOTAL NET ASSETS</b>	<b>38,479</b>	<b>490,075</b>	<b>895,140</b>	<b>1,420,111</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>41,767</b>	<b>490,075</b>	<b>895,140</b>	<b>1,429,321</b>

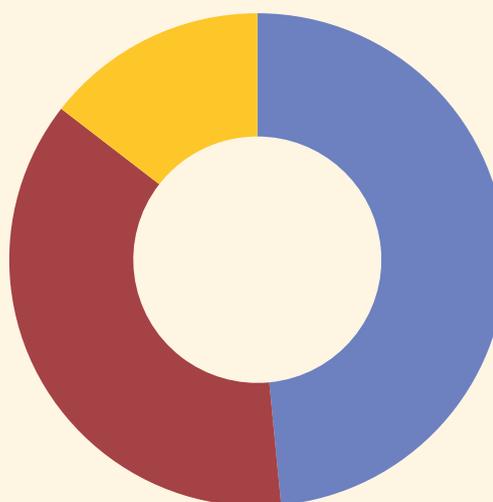
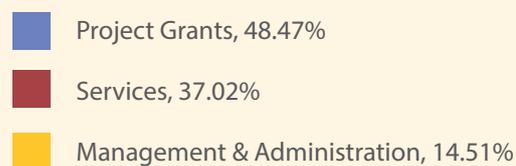
## Changes in Net Assets 2019

	Unrestricted	Temporarily Restricted		2019	2018
		Services and Projects	Endowment		
<b>BEGINNING BALANCE</b>	34,895	490,075	895,140	1,420,110	1,581,395
<b>Excess (Deficiency) of revenues over expenditures</b>	3,584	10,070	182,070	195,724	( 161,284 )
<b>ENDING BALANCE</b>	<b>38,479</b>	<b>500,146</b>	<b>1,077,210</b>	<b>1,615,835</b>	<b>1,420,111</b>

### Revenue—Total \$438,169 (USD)



### Use of Funds — Total \$ 242,445 (USD)



# Statement of Activities for the year ended December 31, 2019

REVENUES, GAINS AND OTHER SUPPORT	Temporarily restricted				Total 2019	BUDGET 2019
	2018	Unrestricted	Services and Projects	Endowments		
	\$	\$	\$	\$	\$	
Foundations and trusts	20,774	129	99,514	-	99,642	8,000
Individual and group donations	43,774	24,757	26,982	59,576	111,315	28,000
SD Nationals	85,943	34,958	36,673	-	71,631	33,900
Membership dues	700	750	-	-	750	900
Investment return	91,639	299	-	29,410	29,710	44,400
Change in Fair of Value of Investments	( 133,227 )	-	-	125,120	125,120	-
Net assets released from restrictions	-	43,773	( 7,773 )	( 36,000 )	-	2,000
<b>Total Revenues, Gains and Other Support</b>	<b>109,602</b>	<b>104,666</b>	<b>155,396</b>	<b>178,107</b>	<b>438,169</b>	<b>117,200</b>
<b>EXPENDITURES</b>						
<b>Programme Services:</b>						
Direct Grants	101,581	-	117,511	-	117,511	-
Research and publications	24,116	26,838	222	-	27,060	21,000
Support project management	51,353	5,288	26,383	-	31,671	7,000
Granting and financial support	25,278	20,450	358	-	20,808	23,900
Links to other organisations	24,694	9,551	667	-	10,218	22,000
<b>Management and Administration:</b>						
Board expenses	5,250	6,236	-	-	6,236	8,000
Brokerage fees	2,271	4,437	-	-	4,437	4,600
Executive director	7,000	7,000	-	-	7,000	7,000
Assistant director	4,333	4,000	-	-	4,000	4,000
Bookkeeping	5,000	5,000	-	-	5,000	5,000
Office and miscellaneous	5,885	6,845	184	21	7,050	7,000
Professional services	7,000	7,395	-	-	7,395	7,700
Foreign Exchange Gain (Loss)**	7,125	( 1,957 )	-	( 3,984 )	( 5,941 )	-
<b>Total Expenses</b>	<b>270,886</b>	<b>101,082</b>	<b>145,326</b>	<b>( 3,963 )</b>	<b>242,445</b>	<b>117,200</b>
<b>EXCESS (DEFICIENCY) OF REVENUES OVER EXPENDITURES</b>	<b>( 161,283 )</b>	<b>3,584</b>	<b>10,070</b>	<b>182,070</b>	<b>195,724</b>	<b>-</b>

Foreign Exchange (gain) loss\*\* Represents fluctuation in the value of grants received in Canadian dollars vis a vis the USD.

**Susila Dharma  
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**Susila  
Dharma  
International**  
building with humanity



SDIA earned a 2019 Gold Seal of Transparency on GuideStar, demonstrating our commitment to transparency and accountability. GuideStar gathers, organizes, and distributes information about nonprofits. You can see our profile here. The next level is Platinum!